the PULSE
BOSTON, MASS. OCTOBER, 1961
NEW ENGLAND DEACONESS HOSPITAL

# 47 GRADUATED FROM SCHOOL OF NURSING AT EXERCISES IN JOHN HANCOCK HALL

HONOR GRADUATES OF THE CLASS OF 1961 are, left to right, Linda McKearney Jewell, Carol Stolpe, Carolyn Burgess, Elizabeth Dunbar, Nancy Newman, Joyce Ferguson, Carole Palise and Carol Monsen.

## FRIENDS OF DEACONESS THRIFT SHOP TO OPEN ON OCT. 2 AT NEW LOCATION ON DEACONESS II

The Friends of the Deaconess Thrift Shop will re-open on Monday, October 2, in a brand-new location. The shop, previously located in the basement of Harris Hall, now has spacious new quarters on Deaconess II, with its own entrance from Pilgrim Road.

The shop will be open on Mondays, Tuesdays, Wednesdays and Fridays from 10 a. m. to 4 p.m.

On opening day, October 2, the co-chairmen of the Thrift Shop Committee, Mrs. Magnis I. Smedal, Mrs. Laurence P. Dakin and Mrs. Wendell Hiltabrand, will hold an Open House for all Deaconess Hospital employees, visitors, and friends. Refreshments will be served during the regular business hours, and all are cordially invited to inspect the new shop and its merchandise.

Donations of saleable goods are greatly needed by the expanded Thrift Shop operation. If you should come across unwanted items during fall cleaning, why not donate them to the Thrift Shop? All such donations are tax-deductible.

Donations may be left at the Volunteer Office on Baker I at any time. You may also bring your donations directly to the Thrift Shop at Open House. Please write your name and address on each package so that you may receive an appraisal slip when they are sent in December.

The Friends also have a pick-up service available through the Volunteer Office if your items are too large to be brought in by hand.

Remember the date, October 2; visit the Thrift Shop, and donate a bundle.

Forty-seven nurses were graduated from the New England Deaconess Hospital School of Nursing on Monday, September 11, at exercises held at John Hancock Hall. R. D. Lowry, executive director, presided at the ceremonies.

Dr. Frank C. Wheelock, Jr. of the hospital's surgical staff made the charge to the class. Dr. Wheelock pointed out in his speech that all of the hospital's physicians appreciated the fact that the school of nursing was oriented toward the care of the patient. This creates closer nurse-patient relationships, and facilitates quicker convalescence in the patient.

He also noted the unique responsibility assumed by the hospital's charge nurses, all of whom make daily rounds with the physician whenever possible. He urged the graduating class to assume this responsibility wherever they may work in the future, because "the benefit to the patient is immeasurable."

Dr. Sidney Farber of the Children's Hospital and Professor of Pathology at Harvard Medical School, addressed the

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**OFFICERS OF THE CLASS OF 1961 — At graduation ceremonies are, left to right, Brenda Colborne, secretary; Judith Clark, vice president; Lynne Fishel, president; Elizabeth Dunbar, president of student government, and Judith Collins, treasurer.**

## Graduates

Members of the graduating class are:

| | |
|---|---|
| Patricia Benko | Lynn |
| Elaine Blow | Manchester, N. H. |
| Carolyn Burgess | New Bedford |
| Vicki Cahill | Portland, Maine |
| Janice Case | Saugus |
| Judith Clark | Sudbury |
| Brenda Colborne | Waltham |
| Judith Collins | Plaistow, N. H. |
| Martha Danforth | Westford |
| Elizabeth Dunbar | Brewer, Maine |
| Caroline Dunn | Kents Hill, Maine |
| Catherine Ely | Islington |
| Susan Farley | Westbrook, Maine |
| Joyce Ferguson | Melrose |
| Virginia Ellis Fiander | Watertown |
| Lynne Fishel | Leveratt |
| Margaret Hurst | Vinalhaven, Maine |
| Beverly Irwin | Pawtucket, R. I. |
| Pamalia Jackson | Melrose |
| Linda McKearney Jewell | Pittsburg, N. H. |
| Ann Karlsen | Quincy |
| Roberta Johnson | Saugus |
| Christine Krutenat | Brockport, N. Y. |
| Beverly Van Bibber Lampert | Quincy |
| Roberta Lincoln | Hingham |
| Audrey Ludgate | Bartlett, N. H. |
| Joyce MacKinnon | Taunton |
| Anne Maynard | Orleans |
| Carol Monsen | Winchester |
| Jean Mosher | Newtonville |
| Nancy Newman | Norwood |
| Margaret Nickerson | Foxboro |
| Elaine Norris | West Medway |
| Lynn Nottage | Watertown |
| Carole Palise | Needham |
| Penelope Peterson | Limestone, Maine |
| Nancy Smith Pettigrew | North Hanover |
| Louise Price | Somerville |
| Judith Rich | Houlton, Maine |
| Linda Robbins | Brunswick, Maine |
| Betty Stoddard | South Dartmouth |
| Sandra Smith | South Dartmouth |
| Carol Stolpe | Worcester |
| Frances Swift | Osterville |
| Linda Truhel | Newcastle, Maine |
| Nancy Whitney | Concord, N. H. |
| Mary Wood Yost | Brockton |

## EXCERPTS . . . MISS HOWLAND

In the book, "Songs of Solomon" in the Old Testament there are these familiar and oft quoted verses: "There is a time to be born, and a time to die." Leigh Richmond, an English clergyman in the early 19th century in writing of these lines said that they were "the memento of a truly wise man; but there *is* an interval between these two times of infinite importance." This then is the thought I would like to use for my message — "the time between." For you, surprisingly enough, nearly 1/3 of your biblically allotted "three score and ten years" of this important interval has passed. During the earliest years the foundation of your lives was being laid in associations with your families and friends, your church, and your school. In the past three years you have been studying with us and learning how to become nurses. This accounts then for about twenty-one years for most of you. What about the remainder of the interval — the future years? Whatever circumstances may prevail and whatever your particular choices may be, from *The Pakistan Nursing and Health Review* come what I would call nine imperatives for your consideration:

"Take time to think, It is the source of power

Take time to play, It is the secret of perpetual youth

Take time to read, It is the fountain of wisdom

Take time to pray, It is the greatest power on earth

Take time to love and be loved, It is a God-given privilege

Take time to be friendly, It is the road to happiness

Take time to laugh, It is the music of the soul

Take time to give, It is too short a day to be selfish

Take time to work, It is the price of success."

A wise woman once said, "There are only two lasting bequests we can hope to give our children. One of these is roots; the other, wings." As your Alma Mater we have given you your professional roots. Tonight we give you your wings!

## Nursing School

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graduating class. Dr. Farber stated that today's nurses must give the patient "total care," which not only includes looking after his physical and mental welfare, but his social and economic problems as well. The nurse must never abandon a patient while he is still alive, and never use the word "incurable."

Dr. Farber went on to tell of the great strides medical research has taken in the past years. It is his hope that by 1970 one billion dollars, one third from private donations, and no more than two thirds from the government, will be spent annually on medical research — the kind and nature to be decided. Carefully planned, prudent study "will make a properly supportive attack" on all dread diseases, and benefit all people of the world, he said.

The School of Nursing Glee Club sang two selections — "No Man Is an Island" and "Climb Ev'ry Mountain." They were directed by John J. Markarian, Jr.

Miss Ellen Howland, Director of Nursing, also spoke a message to the graduating class, excerpts of which are printed elsewhere in this issue.

Francis W. Capper, president of the hospital's corporation, presented diplomas to the graduates, and Miss Howland announced the winners of honor awards.

Winner of the annual Alumnae Scholarship was Linda McKearney Jewell, who had the highest class average. Placing second and third scholastically were Carole Palise and Joyce Ferguson, who received awards from the executive committee of the School of Nursing. Also receiving honorable mention were Carolyn Burgess, Elizabeth Dunbar, Carol Monsen, Nancy Newman and Carol Stolpe.

Voted "Student Nurse of the Year" by her classmates, and receiving a memento at the ceremonies, was Margaret Hurst.

## DEACONESS RESIDENTS FORM ORGANIZATION

The New England Deaconess Hospital House Officers' Association has been officially organized this summer to serve the 50 residents in the various departments of the hospital. Its purpose is to further social activities and facilitate better communication among all house officers.

At the first meeting which was held in August, Dr. Donald Barnett was elected president of the association. The Social Chairman is Dr. Jurgen Fischer, and the Secretary-Treasurer is Dr. Paul Racette.

## BOWLERS OPEN SEASON WITH THREE DIVISIONS

The first Deaconess Hospital bowling session of the season was held on September 14 at the Boylston Bowladrome on Boylston Street, near Fenway Park. Every Thursday evening at 7 p. m. until the end of Spring will find our bowling addicts at the Bowladrome, in an atmosphere of friendly competition and conviviality.

This year the fourteen bowling teams have been divided into three divisions. Team captains for Division A are C. Schraub, C. Fisher, W. Emery, and H. Winslow. Team B Captains are W. Sprague, C. Spalding, M. Nelson, D. Colleran, and R. D. Lowry. Leading Division C teams are D. Carmichael, H. Lasoff, B. Flatley, E. Murphy, and J. Randall.

If you are interested in joining a bowling team or becoming a substitute bowler, contact Milton Nelson in the Credit Office. Whether you are a skilled bowler, or a novice, your participation is invited.

## *Weddings*

Rose Baron, former Assistant Supervisor of the Recovery Room, to Gordon Keller on June 5.
Alice Marshall, former dietician, to Eugene Peters on June 10.
Ruth Jordan, class of 1956, to Alan P. Truesdale on May 21.
Constance Lango, former staff nurse, to Michael Fedeli on June 10.
Linda Mann, class of 1959, to Richard D. Kennedy in May.
Barbara MacKay, staff nurse, to Ralph T. Vernile, Jr. on May 13.
Mary Ide, CRI technician, to Eugene Dawson, Jr. in June.
Judith Pedroli, dietician, to Nicholas Micelotto, Jr. on June 17.
Sandra Longley, class of 1960, to Douglas Raubenheimer on June 17.
Barbara Cox, staff nurse, to Edwin F. Nesman on June 24.
Verna Milliken, medical record room, to Thomas Cahill on July 22.
Carol Ann Chaisson, class of 1960, to Paul Robinson on July 25.
Donna Flewelling, class of 1960, to John W. Fenton.
Revella Groome, class of 1959, to Henry Lee on August 12.
Judith Brockert, class of 1960, to Dr. Boyd R. Burkhardt on August 19.
Lynda Archambault, class of 1960, to Douglas Pollock on August 19.
Linda McKerney, class of 1961, to John K. Jewell, part-time mail room clerk, on August 20.
Clayton Cowing, CRI, to Lynne Roy in July.

## *Engagements*

Lynda Archambault, class of 1960, to Douglas Pollack of Manchester, N. H.
Judith Brockert, class of 1960, to Dr. Boyd Burkhardt of Tipton, Indiana.
Frances Swift, class of 1961, to Melbourne MacPherson of Lynn.
Carolyn Snape, class of 1963, to Paul Alan Beck of Amherst.
Martha Whicher, staff nurse, to Robert M. Rowe of Concord.
Edith Andrews, class of 1962, to David N. Atherton of Laconia, N. H.
Eileen Mongeau, lab technician trainee, to Joseph Hinchey, Jr. of Melrose.
Carol Robinson, Class of 1959, to Arnold D. Soukup of Cedar Rapids, Iowa.

## *Here and There*

Dr. Burnett Pitt, CRI, is presently touring Europe in conjunction with his attendance at the International Congress of Biochemistry in Moscow.

Dr. W. Eugene Knox has left CRI for a one year's appointment at the American University of Beirut, Lebanon, as visiting professor of Biochemistry.

Anthony P. Amarose has joined the CRI staff. A cytologist, he will be working in the Radiobiology Department in connection with Tissue and Cell Culture.

Betsy Dunn, CRI, Ellen Daly and Marguerite Lerro, Pathology, recently spent a week vacationing in Montreal and Quebec, Canada.

Ethel O'Brien, Administration, has returned from a motor trip to California where she visited with her brother and his family.

The new House Officers Association enjoyed its first outing at Horse Neck Beach on August 19. The association plans other social events for the year.

Mary Marcott, Housekeeping, has returned from a vacation in Nova Scotia.

Nancy Howard, Personnel, returned from a Scandinavian vacation, the feature of which was a three-day hiking trip in the Norwegian fjord country.

DEACONESS RESIDENTS pose at Longwood Towers reception.

# NURSING SERVICE DEPARTMENT

The Nursing Service Department of the New England Deaconess Hospital has the distinction of being not only the largest department in the hospital, but the oldest as well. In fact, the nursing department *was* the hospital in the early days of its history.

Miss Mary E. Lunn, a woman with deep perspicacity, was the first superintendent of the hospital when it opened in February, 1896, as well as superintendent of the older Deaconess Home and Training School. Abbie L. Punchard, a Salem Hospital Nursing School graduate, became the hospital's first head nurse.

In 1901, Adeliza A. Betts was made acting superintendent of the hospital to replace Miss Lunn, who had resigned to assume the superintendency of the Chicago Deaconess Home. Miss Betts was a member of the hospital's first nursing class, graduating from the hospital nursing school in 1898. In 1902 Miss Betts was made superintendent of the hospital, superintendent of nurses and principal of the school of nursing, thus becoming the first person to hold the positions of executive head of the hospital and directress of the nursing service and the school of nursing. The enlargement of the hospital and the scientific care given to the patients are an indication of her wise and careful administration.

Over 60 years have seen great change and growth in the nursing services and in the hospital itself. No longer do Deaconess Hospital nurses have to be deaconesses of the Methodist Church, but the kind and gracious spirit of these charitable women is still maintained. Also, the number of months spent in learning the art of nursing is far greater than when the Deaconess Hospital first opened its doors. And today the Nursing Service Department employs over 300 people in various job categories.

There are 15 nursing units in the hospital today — one each in Norwich House, Central 3, and the Hospital Teaching Unit; three in Baker, four in Palmer, and five in Deaconess.

These 15 nursing units, which must be staffed with professional nursing care twenty-four hours a day, 365 days a year, have individual personnel and staffing requirements. Minimal care units such as Norwich House and the Hospital Teaching Unit require fewer nursing personnel than does the Special Care Unit, where patients are seriously ill and in need of constant nursing care.

The hospital's Director of Nursing Service is also the Director of the Nursing School, a double responsibility which creates a need for expert assistance. Assisting her in the Nursing Service division is the Nursing Office, headed by the Associate Director of Nursing Service. This office is the center and clearinghouse for all nursing service scheduling. It is responsible for assuring that every nursing unit is adequately staffed with the right number of nurses, licensed practical nurses (LPNs) and nursing aides at all times.

There are part-time nurses known as "floats" who work on a day-to-day basis in any part of the hospital where there is a need for them. Regularly-scheduled nurses, however, usually work in the same nursing unit rotating on the various shifts. As in most hospitals, nurses work on a three-shift basis. There is a half-hour overlap between shifts in order that the relieving nurse may get her instructions and any special orders from the nurse going off duty.

During the year there are an average of 75 full-time registered nurses and 35 part-time registered nurses in the department. Approximately 50 to 60% of each years' Nursing School graduates return to the hospital, but the nursing staff is composed of nurses from many states in the country. There may also be found 20 LPNs and 50 nursing aides. There is an increase of about 30 nursing aides in the summer months.

Nursing aide classes are held in the hospital four times a year, with the largest classes held in May and June.

An orientation program of two weeks is also given to all graduate nurses who are new to the Deaconess. This orientation program includes scheduled monthly meetings to discuss nursing problems and policies.

Not only are nursing aides and new graduate nurses trained in the department's in-service education program, but foreign exchange nurses are given an orientation period as well. Under the sponsorship of the American Nursing Association, as many as five or six nurses from all parts of the world may be working at the Deaconess at one time.

In the complex organizational pattern of the Nursing Service Department, there are four nursing supervisors on days, each of whom is responsible for the administration of nursing service in two or more nursing units. These supervisors hold regular conferences with the head nurses and assistant head nurses to plan effective administration in each of the nursing units. They also meet with doctors to discuss problems pertaining to patient care and assist in the orientation of new nursing personnel. The hospital also has one night supervisor aided by six assistants

Head nurses are directly responsible for a nursing unit and carry out the medical plan of care for each patient. They supervise the maintenance of accurate records and guide the activities of all unit personnel. They also assist in the orientation and teaching of all personnel within their units. As their title implies, assistant head nurses are there to aid those head nurses whose duties are such that an assistant is needed to help carry them out.

Not only do graduate nurses assist doctors with their treatments, but they are responsible for complete care of the patient.

Two registered nurses are assigned to the care of diabetic patients with surgical complications.

Licensed Practical Nurses are nurses who have been trained for at least one year at an accredited school of practical nursing to care for sub-acute, convalescent and chronic patients. They also assist the registered nurses in the care of acutely ill patients.

Nursing aides are given training in the hospital to assist nurses and student nurses in the care of almost all patients excluding the severely ill. They make beds, bathe and feed patients and take temperature, pulse and respirations along with a multitude of other duties which greatly aid nurses in the care of patients.

Orderlies are the male counterparts of nursing aides, and are especially appreciated when any heavy work needs to be done. Male patients are grateful for their many services.

Genito-urinary (GU) nurses are male registered nurses whose special province is to care for male GU patients according to the doctor's orders. GU orderlies assist the GU nurses.

Also members of this department are the gracious women seen on every patient floor answering the phone and guiding visitors. These are the floor hostesses, and they are a combination of receptionist and clerk under the supervision of the unit's head nurse.